

Practical EDC Starter Checklist

A problem-first everyday carry checklist for useful tools, light, power, small repairs, and minor medical moments.

On-body basics

■ Charged phone	■ Wallet with ID
■ Backup payment or cash	■ Keys organized
■ Weather-appropriate clothing	■ Emergency contact accessible

Everyday tools and flashlight fit

Pocket or bag tools	Flashlight features
■ Handheld flashlight	■ Hands-free option
■ Multitool if legal and appropriate	■ Moonlight or useful low mode
■ Pen	■ Intuitive controls with direct high access
■ Small notebook or notes app habit	■ A form you will actually carry
■ Phone charging cable	■ Easy charging, ideally direct USB-C
■ Battery bank	

Minor medical

■ Bandages	■ Antiseptic wipes
■ Blister care	■ Personal medication
■ Gloves if appropriate	■ Larger kit in bag or vehicle

Two-week review

What did you use? What annoyed you? What never left the bag? Remove bulk before adding more gear.