

Home Preparedness Starter Checklist

A room-by-room starter checklist for water, food, lighting, safety, sanitation, documents, and household continuity.

Water and food

■ Stored water for each person	■ Pet water included
■ Shelf-stable food	■ Manual can opener
■ Comfort snacks	■ Dietary needs covered

Light and power

■ Flashlights or lanterns	■ Batteries or charging plan
■ Battery banks	■ Power station if needed
■ Extension cords used safely	■ Critical devices identified

Safety

■ Smoke alarms checked	■ CO alarms checked
■ Fire extinguisher accessible	■ First aid kit
■ Utility shutoffs known	■ Basic tools accessible

Sanitation and documents

■ Trash bags	■ Wipes
■ Hygiene basics	■ Medication plan
■ Copies of key documents	■ Cash in small bills

Household notes

Account for babies, older adults, pets, prescriptions, medical devices, allergies, renters, shared custody, shift work, and budget limits.