

Family Communications Plan

A layered communication plan for phones, written contacts, NOAA alerts, FRS/GMRS radios, hotspots, and backup internet.

Core contacts

Out-of-area contact

Local backup contact

School/work/caregiver contact

Primary and backup methods

■ Phone call	■ Text message
■ Group chat	■ Email
■ FRS radios	■ GMRS radios
■ NOAA weather radio	■ Mobile hotspot or Starlink

Radio plan

Primary channel

Backup channel

Household call names

Keep the first radio plan simple: one primary channel, one backup channel, and plain-language check-ins.

Alert and internet plan

■ NOAA radio tested	■ Local AM/FM stations written down
■ Hotspot tested	■ Offline maps downloaded
■ Power bank charged	■ Router/modem backup power identified

Practice notes

Test one backup communication method this month. Record what worked, what failed, and what needs to be easier.